

INFANT FEEDING BENCHMARK MENU

Must complete at least 50 points per selected menu(s) to qualify for recognition (check all that apply).



CHILD BENCHMARKS	15 PTS	10 PTS	5 PTS
<input type="checkbox"/> Encourage mothers to breastfeed their infants at the facility, if the parent desires			X
<input type="checkbox"/> Have sufficient refrigerator and freezer space to store expressed breastmilk			X
<input type="checkbox"/> Feed all babies on demand and not on a schedule			X
<input type="checkbox"/> Display positive and culturally appropriate breastfeeding support materials (e.g. pictures, posters, brochures, and pamphlets) at the facility			X
<input type="checkbox"/> Have lesson plans, learning and/or play materials (e.g. books that contain pictures of breastfeeding, baby dolls that are nursing) that normalize breastfeeding			X
FAMILY AND STAFF BENCHMARKS			
<input type="checkbox"/> Invite community organizations and guest speakers to train staff on the benefits of breastfeeding		X	
<input type="checkbox"/> Offer training to staff at least twice per year on age-appropriate infant feeding practices, including safe storage/handling of breastmilk		X	
<input type="checkbox"/> Promote breastfeeding by having staff provide education and positive support to mothers		X	
PROGRAM ENVIRONMENT AND POLICY BENCHMARKS			
<input type="checkbox"/> Provide a quiet space (for parents and staff to breastfeed or pump) that is always available, has appropriate seating, provides complete privacy and has an electrical outlet, with a sink nearby (mothers are made aware that they have the right to breastfeed at any location in the program, not strictly in the lactation room)	X		
<input type="checkbox"/> Develop and implement a written policy supporting breastfeeding at the child care facility	X		
<input type="checkbox"/> Communicate the facility's breastfeeding policy to all parents and assure that a written form of the policy is always available to expectant mothers, families with infants, and visitors	X		
<input type="checkbox"/> Host an event at your site for World Breastfeeding week/National Breastfeeding month. Visit www.worldbreastfeedingweek.org (proof of event registration or attendance required).	X		
<input type="checkbox"/> Apply for the Breastfeeding Friendly Designation from Florida Department of Health and display decal at program entrance	X		